



## The True Beachfront Living @ Baan Talay Pattaya

Hello, My name is Fah Sai. I'd like to report myself for the first time with the activities news of the "Baan Talay Pattaya" Project.



On the past Saturday 3<sup>th</sup> October I had opportunity to join the activity in the Project where i had tried on the Catamaran, Laser sailing boats and windsurf that enable me to feel the charming of Baan Talay living atmosphere that is very festinating.

From that to be sitting at the working chair at all time i have a chance to change the atmosphere to sit in the boat and feel the ocean wave, sea breeze, soft sunlight and to look at the spacious sky also breathe in the pure air. It's the great relaxation time.

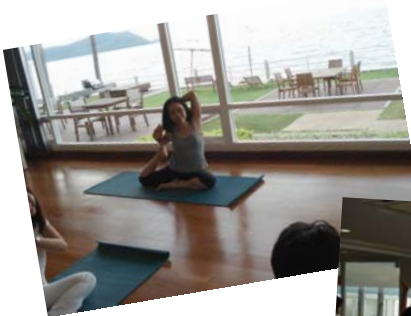
*I'll would like to whisper softly that I'm not smart on this kind of sport, but don't worry, i had been taken good care by instructors, each of whom are internationally recognized who can provide you the sailing knowledge and skills in person. Whoever does not know how to sail the boat, you can take this opportunity to learn from them.*



Well! I've just to be carried away for a moment, it's now getting dark. Uhh! At the time of the sunset, it is so nice. On Sunday I was so excited with the yoga class as this was my first time and I was so worry that the ache and pain would effect with my body. However, when I started on the class I had to accept that the yoga instructor is a professional one from yoga institute who made me benefited from it in many way. I have been told that the body twist (stretching) has been researched by scientists that it can activate the working of the brain system up to 30%.

*Many people may think that they can do the yoga exercise anywhere they prefer to do, but I must confirms that exercising yoga on "Baan Talay Pattaya" where you can look out and see the blue sea, bright sky with cool sea breeze, best pace & best view for your best mind and life.*

*Don't forget that this Saturday and Sunday we have an appointment at Baan Talay Pattaya. "Because the happiness is near your reach at ..... "Baan Talay Pattaya".*



By: Fah Sai

For the activity reservation, please contact the Marketing Department

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